LOOK, THINK, CHOOSE

Worksheet 1 of 3

Safety and Self-Care Superstars | Suggested ages 5-7

Name: _____ Date: _____

Read each question and all the choices. Circle one answer. A grown-up can read aloud; you can point or say your answer, too.

Print on US Letter at actual size, or choose Fit for A4. Use single-sided printing for activity cards. Black-and-white printing is suitable.

1. Which item would help with the job shown in the picture?



A. Adhesive Bandage	B. Reusable Cold Pack	C. Hand Towel
		

Tell someone how you decided, or write a few words.

2. What is this used for?



A. Protect the head while riding.	B. Help keep rain off.	C. Help protect knees while skating.

Tell someone how you decided, or write a few words.

Questions 3 to 4

3. Which item is used to help protect knees while skating?

A. Safety Goggles	B. Knee Pads	C. Hearing Protectors
		

Tell someone how you decided, or write a few words.

4. Which item would help with the job shown in the picture?



A. Winter Coat	B. Seat Belt	C. Reflective Vest
		

Tell someone how you decided, or write a few words.

Questions 5 to 6

5. Which item is used to help keep rain off?

A. Winter Coat	B. Umbrella	C. Tissue
		

Tell someone how you decided, or write a few words.

6. What is this used for?



A. Cover a sneeze or wipe the nose.	B. Clean teeth.	C. Help others see a person near a road.

Tell someone how you decided, or write a few words.

Question 7

7. Which item is used to neaten hair?

A. Comb	B. Toothbrush	C. Hand Towel
		

Tell someone how you decided, or write a few words.

ANSWER GUIDE

For the grown-up

Safety and Self-Care Superstars | Suggested ages 5-7

Keep this page separate from the child's activity. Read directions aloud when helpful, and invite the child to explain their ideas.

1. B - Reusable Cold Pack

A reusable cold pack is used to cool a small bump with adult help.

2. A - Protect the head while riding.

A bicycle helmet is used to protect the head while riding.

3. B - Knee Pads

A knee pads is used to help protect knees while skating.

4. C - Reflective Vest

A reflective vest is used to help others see a person near a road.

5. B - Umbrella

A umbrella is used to help keep rain off.

6. B - Clean teeth.

A toothbrush is used to clean teeth.

7. A - Comb

A comb is used to neaten hair.

Keep exploring

Choose a printable question set. Talk about how you found each answer, then make up one question together.