LOOK, THINK, CHOOSE

Worksheet 1 of 3

Bakers, Cooks, and Food Helpers | Suggested ages 5-7

Name: _____ Date: _____

Read each question and all the choices. Circle one answer. A grown-up can read aloud; you can point or say your answer, too.

Print on US Letter at actual size, or choose Fit for A4. Use single-sided printing for activity cards.
Black-and-white printing is suitable.

1. What can a cook do with this whisk?



A. Slice bread	B. Drain pasta	C. Mix batter

Tell someone how you decided, or write a few words.

2. Why does the baker leave these baked loaves on a rack?



A. To let them cool	B. To turn them into soup	C. To grow new wheat

Tell someone how you decided, or write a few words.

Questions 3 to 4

3. What covers a baker’s clothes while mixing food?

A. Envelope	B. Apron	C. Hard hat
		

Tell someone how you decided, or write a few words.

4. What is this baker doing to the cake?



A. Washing it	B. Decorating it	C. Weighing it

Tell someone how you decided, or write a few words.

Questions 5 to 6

5. Which helper writes down a guest’s food order?

A. Baker kneading dough	B. Server taking an order	C. Dishwasher washing plates
		

Tell someone how you decided, or write a few words.

6. Which item helps a cook measure one cup of milk?

A. Rolling pin	B. Spatula	C. Measuring cup
		

Tell someone how you decided, or write a few words.

Question 7

7. Which tool can a cook use to serve this soup?



A. Ladle	B. Whisk	C. Rolling pin
		

Tell someone how you decided, or write a few words.

ANSWER GUIDE

For the grown-up

Bakers, Cooks, and Food Helpers | Suggested ages 5-7

Keep this page separate from the child's activity. Read directions aloud when helpful, and invite the child to explain their ideas.

1. C - Mix batter

A whisk helps a cook mix batter smoothly.

2. A - To let them cool

A rack lets air move around the bread as it cools.

3. B - Apron

An apron helps keep food splashes off the baker’s clothes.

4. B - Decorating it

The baker adds icing patterns to decorate the cake.

5. B - Server taking an order

A server records the order so the kitchen knows what to prepare.

6. C - Measuring cup

A measuring cup helps a cook use the right amount of liquid.

7. A - Ladle

A ladle has a deep cup for moving soup into a bowl.

Keep exploring

Choose a printable question set. Talk about how you found each answer, then make up one question together.