READ, CLAP, AND RHYME

Nia Finds a Quiet Corner

Nia Finds a Quiet Corner | Suggested ages 3-4

Name: _____ Date: _____

Read the words together, clap a gentle beat, or make up your own tune.

Print on US Letter at actual size, or choose Fit for A4. Use single-sided printing for activity cards. Black-and-white printing is suitable.

Intro

Balloons bounce and music plays.

Nia hears a noisy maze.

Verse 1

Sounds pile high around the room.

Shoulders rise; the party booms.

Nia tells Aunt Jo with care,

“I need quiet over there.”

Chorus

Quiet corner, breathe in slow.

Let tight shoulders down now go.

Listen closely to your body.

Ask for what will help you calmly.

Keep the rhyme going

Verse 2

Soft blue pillow, picture book,
Earmuffs in a peaceful nook.
Four slow breaths and smooth blue stone,
Nia's body feels its own.

Final Chorus

Quiet corner, breathe in slow.
When you're ready, you can go.
Cake and one calm game feel right.
Nia joins with new delight.

Outro

Asking for a quiet break
Helped her choose the fun to take.

Make the rhyme your own

Draw a favorite moment from the rhyme. Tell someone about your picture.

A word or line I like